



WHO ARE YOU?

BOTTOM LINE: To get the group to truly know one another, this lesson will help share some starting points about themselves.

GOAL FOR THIS LESSON

This lesson is designed to give your students some basic starting points for sharing about themselves. There will be lessons and activities that help you dive deeper in future lessons, so it is ok to keep this week fun and lighthearted. Students will need to bring things to share this week, so send out a reminder email or text.

MATERIALS NEEDED

- Bring 4 personal items that describe you:
 - Bring one item that represents your personality
 - Bring one item that tells us what your family is like
 - Bring one item that describes your favorite thing to do
 - Bring one item that represents your relationship with God/your spiritual life
 - Bring any item you want that represents you!
- Text or email students in advance to bring 4 items that describe them - it can be a picture, an object, etc.

do an activity together as a group.

DO THIS: When your group comes together, each person in your Life Group will share their items with the group. You might personally want to start or give some examples to get your students thinking. Encourage your students to ask questions about each other's items.

- **QUESTIONS THAT THEY CAN ASK:**
 - What's your favorite thing about your personality?
 - What's a fun memory you have with your family?
 - Why do you love the sport you play?
 - How long have you known your best friend/how did you meet?



talk through these questions.

- **ASK:** *What are some ways we can continue to get to know each other as a Life Group this year?*
- **ASK:** *Why is it important for our group to know each other on a deeper level?*
- **ASK:** *How can we come to know each other on a deeper level?*

pray by talking to God.

DO THIS: Lead your group in a time of prayer for one another.

- Have each of your students pick a partner and tell them something that they need prayer for. This can be anything from helping with friends to having a good weekend. Once everyone has a partner and a prayer request, give them a few minutes to pray out loud for each other. When your group is done praying for each other, pray for your Life Group to deepen their relationship with one another.

