



Life Group Expectations

BOTTOM LINE: Life Group is more than just a group to hang out with - it's a family to do life with.

materials Needed

- Materials needed depend on the group activities that you choose below.

ask these questions to start the conversation.

DO THIS: Start the conversation with your group by asking these questions below.

- **ASK:** *Why did you sign up for Life Group this year?*
- **ASK:** *What are some things you are hoping to get out of Life Group this year?*

hear from God through His word.

DO THIS: Read Ephesians 4:14-16 as a group and then lead your students in a discussion about the passage using the questions below.

- Tell your students to open their Bibles to **Ephesians 4:14-16** and then have someone read it out loud for the group.
- **ASK:** *What are some of the things that this passage is talking about?*
- **ASK:** *How do you think this passage relates to our Life Group this year?*

do an activity together as a group.

DO THIS: Choose one or more of the activities together to do as a group. (**Leader Note:** some of these will require you to gather materials ahead of time).

- **MAKE A LIST OF GROUP RULES:** Have your students brainstorm a list and then vote on the top 5 group rules. Everything from respect to accountability to fun can make the list! And don't be afraid to add a few yourself. Help them be a part of the process of deciding on what is important in your Life Group.
- **ASK ME ANYTHING:** Allow your students to ask any three questions they want to you and your co-leader. They have to agree on each of the questions as a group.

- ✿ **CREATE A GROUP PLAYLIST:** Create a music playlist with appropriate song suggestions from every student. Be sure to check out SSM WRSH for the songs we sing at church on the weekend. Use your playlist as “walk-in” music or “settle down” music for your group time each week.
- ✿ **SHARE YOUR STORY:** Use the **“My Story in 6 Moments”** tool in your **First Two Weeks Folder**. Take 6 minutes to share your story and then give each student in your group time to share. You can share these all in one night, **OR** have a different student share their story at the top of your group time each week. Either way, sharing your stories will open the door to deeper sharing.
- ✿ **WRITE A LETTER TO THE FUTURE YOU:** Have students write a letter at the beginning of the school year, that you can hand to them at your last Life Group. Give them a few prompts and ideas for what to write: Who are they? What do they love? Who is their best friend? What do they want to get out of Life Group? What kind of Life Group friend are they going to be? Etc. ,
- ✿ **HANDS IN COMMITMENT:** A few years back we had a leader who brought a baseball to his group. He talked about team, roles on the team, how the team was meant to function...everything about “team.” Then, he asked all of the students to sign the ball as a visual for the “Life Group team” they were forming. There are a lot of different items that could be used in place of the baseball. This is just one idea of ways you can bring your group together.

pray by talking to God.

DO THIS: Lead your students in a time of prayer together using prompt below.

- ✿ Have your group form a circle and put their arms around each other like a team huddle. Then, pray for your upcoming year of Life Group and for each of the students in your group to grow both as a group and individually.

