



Who Are YOU?

BOTTOM LINE: To get the group to truly know one another, this lesson will help share some starting points about themselves.

Goal For This Lesson

This lesson is designed to give your students some basic starting points for sharing about themselves. There will be lessons and activities that help you dive deeper in future lessons, so it is ok to keep this week fun and lighthearted. Students will need to bring things to share this week, so send out a reminder email or text.

Materials Needed

DO THIS: Text or email your students in advance to bring 5 items that describe them. It can be anything that fits the prompts below for them. (an object, a picture, etc.) Here are the items they need to bring:

- Bring one item that represents your personality
- Bring one item that tells us what your family is like
- Bring one item that describes your favorite thing to do
- Bring one item that represents your relationship with God/your spiritual life
- Bring any item you want that represents you!

do an activity together as a group.

DO THIS: When your group comes together, each person in your Life Group will share their items with the group. You might personally want to start or give some examples to get your students thinking. Encourage your students to ask questions about each other's items. Use the questions below to start conversations.

- **ASK:** *What's your favorite thing about your personality?*
- **ASK:** *What's a fun memory you have with your family?*
- **ASK:** *Why do you love your favorite things to do?*
- **ASK:** *How long have you had a relationship with Jesus?*

talk as a group about these questions.

DO THIS: Lead your students in a discussion about getting to know each other using the questions below.

- **ASK:** *What are some ways we can continue to get to know each other as a Life Group this year?*
- **ASK:** *Why is it important for our group to know each other on a deeper level?*
- **ASK:** *What does it mean to know someone on a deeper level?*

pray by talking to God.

DO THIS: Lead your students in a time of prayer together using prompt below.

- Have each of your students pick a partner and tell them something that they need prayer for. This can be anything from helping with friends to having a good weekend. Once everyone has a partner and a prayer request, give them a few minutes to pray out loud for each other. When your group is done praying for each other, pray for your Life Group to deepen their relationship with one another.

