

BOTTOM LINE: All humans are both guilty of and impacted by sin. We all fall short of God's perfect standards.

MATERIALS NEEDED

- Bibles
- Student Notebooks
- Whiteboard & Marker (provided)
- Suction Cup Ball (provided)

optional icebreaker: question me?

INSTRUCTIONS: Starting with one student, tell them to say a number between 1-5. For the number they say, ask them the corresponding question below. Go around and ask every student the question that matches with the number they picked. Feel free to do multiple rounds and add some more questions of your own!

1. *What is your most embarrassing moment?*
2. *What is your favorite song? Sing a little bit of it for the group.*
3. *If you could do anything and be guaranteed to not fail, what would you do?*
4. *Where is your favorite place to eat? What is your order?*
5. *If you could be a master/professional at one thing, what would it be?*

hear from God through His Word.

Bible Moment

This is the very first time that the word "sin" appears in the Bible. After this, the word "sin" shows up hundreds more times and becomes the main point of tension throughout the Bible.

DO THIS: Read the passages below as a group and then lead your students in a discussion about them using the questions below.

- Tell your students to open their Bibles to **Genesis 4:2-8** and have someone read it out loud for the group. Then, have them each read it again on their own, silently.
- **ASK:** *What warning does God give Cain about sin?*
- **ASK:** *God tells Cain that "sin is crouching at your door." What does this mean? Why did God describe sin like this?*
- Now, tell your students to open their Bibles to **Romans 3:23** and have someone read the verse out loud for the group.
- **ASK:** *What does this verse tell us about what sin is?*
- **ASK:** *What is an example of something that "falls short of God's glorious standard"?*

watch the "Sin + Grace" week 1 video.

talk with others about our faith.

DO THIS: Lead your students in an activity illustrating sin using your **Whiteboard** and the **Suction Cup Ball** from your series kit. Then, have a discussion about sin and temptation using the questions below.



- Draw a target on your whiteboard and then set it on a chair or against a wall. Then, give each student a chance to try to hit the very center of the target with the ball.
- **ASK:** *How does trying to hit the bullseye of the target relate to this conversation about sin?*
- **ASK:** *What is sin? What is temptation?*
- **ASK:** *At what point does temptation become sin?*
- **ASK:** *What are some common temptations you face in life?*

say this:
Sin is anything that we do or believe that goes against God's good design. Temptation is when we have thoughts or urges to choose something sinful. It is not a sin to be tempted - that's just a reality of life in a broken world.

live in a way that honors God.

DO THIS: Give your students the following **LIVE** challenge for this week.

- Memorize **1 Corinthians 10:12-13** this week so that when you face temptation, you can rely on God's word to deliver you.

pray by talking to God.

DO THIS: Lead your students in a time of prayer using their **Student Notebooks**.

- Tell your students to write a prayer in their **Student Notebooks** asking Jesus to help them overcome the temptations they will face this week and to help them choose His way over sin.

Sin +
Grace

memory verse

"¹² If you think you are standing strong, be careful not to fall. ¹³ The temptations in your life are no different from what others experience. And God is faithful. He will not allow the temptation to be more than you can stand. When you are tempted, He will show you a way out so that you can endure."

1 Corinthians 10:12-13