

ASKING FOR MYSELF & FOR OTHERS

Fill in a circle for every day you pray!

DAY
1

DAY
2

DAY
3

DAY
4

DAY
5

DAY
6

DAY
7

ASKING GOD

Practice asking God for what you and those around you need. Check out the ideas below for help getting started.

- Use a journal to write down things you are asking God for. Keep this list so you can go back and look at what God has done!**
- Pray for each member of your family this week.**
- Read Luke 11:5-13 this week. Try praying with the persistence that Jesus describes.**
- Ask someone in your life group how you can be praying for each other. Pray for them this week.**