

LIVE DIFFERENTLY SOLO TIME GUIDE 2

Use this as a guide to help you spend time with Jesus at some point this week. Before you start, find a place that's quiet and free of distractions. You'll want to bring a Bible, a journal or scratch paper, and a pen.

Read:

Colossians 3:1-2

Truth:

As followers of Jesus, our lives should look different than someone who isn't a believer. One of the ways that we live differently is through our habits. Our habits, the everyday things that we come back to over and over, play a big role in how we grow as a person and how we respond to things in our life. Good habits are how we grow in our relationship with Jesus and how we become more like Him.

Think/write:

Spend some time thinking through the following questions. Sometimes it helps to write down your thoughts or answers, so consider writing your answers on this page or in a journal – somewhere where you can look back to see what you wrote later.

1. What does it look like to "think about the things of Heaven, not the things of earth?"
2. What are some habits that help us grow closer to Jesus?
3. What are some habits that pull us away from Jesus?

Activity:

It takes 21 days to turn something into a habit. What is something you need to start doing? Reading your Bible? Praying and spending time with Jesus every day? Write down what it is, and for the next 21 days, challenge yourself to practice that habit every day.

Pray:

Spend some time talking with Jesus. Tell Him some things that you're thankful for, and ask Him to help you as you start good habits, and get rid of bad ones.