

The richness of the Gospel and the story God has invited us into is one that is filled with paradox, ambiguity, and mystery. Especially in adolescence, doubting long-held beliefs is a part of the journey in identity and psychological development. For this reason, doubt is not something to dismiss, but something to engage. In doubt we step toward a fuller understanding of things we once took for granted. Doubt is an opportunity for deeper and richer faith; it is a vital part of the path to move beyond inherited beliefs and onto internalized, personalized, and vibrant faith. While many of the doubts that flood students' minds today aren't all clearly accounted for in scripture, God implores His believers to sit with Him and ponder, to ask questions and sit with Him in doubt.

week 1: it's ok to doubt.

BOTTOM LINE: It is ok to doubt. We all have doubts and God wants us to bring those to Him.

KEY SCRIPTURE: Mark 9:17-24

week 2: i can bring my doubt to God and others.

BOTTOM LINE: I shouldn't keep my doubt to myself. I can bring my doubt to God as well as trusted leaders, mentors, and friends.

KEY SCRIPTURE: John 3:1-9, John 19:39, John 3:3

week 3: how to doubt well.

BOTTOM LINE: When doubts and questions come up, we need to hold onto what we know to be true and seek Jesus, not just answers to our questions.

KEY SCRIPTURE: Hebrews 11:1, 2 Thessalonians 3:3, Hebrews 10:23, Lamentations 3:22-23, Psalm 119:90

