

**BOTTOM LINE:** It is ok to doubt. We all have doubts and God wants us to bring those to Him.

## MATERIALS NEEDED

- Student Notebooks

### optional icebreaker: doubt it!

Prior to group, have each leader brainstorm 10 non-obvious or somewhat doubt-worthy statements about themselves that are either true or false. Read each statement one at a time and have students raise their hand if they think it is true or false. The student who gets the most right is the Doubt it Champ!

**watch the "I Have A Question" week 1 video.**

**hear from God through His word.**

**DO THIS:** Read Mark 9:17-24 as a group and then lead your students in a discussion about the passage using the questions below.

- Tell your students to open their Bibles to Mark 9:17-24 and then have someone read the passage out loud for the group.
- **ASK:** *What do you think the father was thinking and feeling when he went to Jesus?*
- **ASK:** *How does Jesus respond? Why do you think He responds this way?*
- **ASK:** *What do you think the father means when he says, "I do believe, but help me overcome my unbelief!"? How are unbelief and doubt related?*

**talk with others about our faith.**

**DO THIS:** Lead your students in a discussion about doubt and faith using the questions below and their notebooks.

- **ASK:** *What are some common doubts you've heard people express related to faith? Do you resonate with any of these?*



- **ASK:** *If you could ask God any question and He would answer it, what would you ask Him? (Leader Note: tell your students to write their question in their **notebooks**.)*
- **ASK:** *Is having doubts or questions about God or our faith bad? Why or why not?*
- **ASK:** *What do you think God thinks about the questions and doubts that we have? Why do you think that?*
- **ASK:** *Do you believe that God will help you overcome your doubts if you bring them to Him? How?*

**say this:**  
When doubts and questions come up in our faith, it can be easy to feel bad or ashamed of them. But doubts are not always negative. In fact, doubts and questions are actually a sign that our faith is growing.

## pray by talking to God.

**DO THIS:** Lead your students in a prayer activity using their **notebooks**.

- Tell your students to write something that they are currently questioning or having a hard time believing in their **notebooks**. Then, have them spend a minute praying about what they wrote down.
- Invite your students to share with the group what they wrote down if they feel comfortable.

## live in a way that honors God.

**DO THIS:** Give your students the following **LIVE** challenge for this week:

- Pray about the doubt that you wrote down in your **notebook** every day this week and ask God for help overcoming it.



## memory verse

*"I do believe, but help me overcome my unbelief!"*

**Mark 9:24**