

Identity

THE CONVERSATION:

It is easy to base our identity on things that describe us. But our true identity comes from our identity in Jesus, how He views us and who He created us to be.

CONVERSATION STARTERS:

- Partner up with 1 person. Spend 1 minute each describing yourself to each other.
 - What do you look like? Who are your friends/family? Where are you from? What do you like to do? Etc.
- Do you think these things that describe you make up your identity? Why or why not?
- What do you find that you base your identity on the most?

Teaching Moment: We as humans focus on what describes us. We judge people (and ourselves) and treat people a certain way based on what they look like, who they hang out with, what they can do, or what they have. But this list is NOT who you are. Other people may define you by these things – but this list does not define you.

*Have students write this phrase in their booklets: Who you are is based on WHOSE you are.

SCRIPTURE TO LOOK AT:

1 Samuel 16:7

- What does this verse tell you what God sees when He looks at you?
- Why is this important when thinking of your identity?

Teaching Moment: The real you is based on the fact that God made you – as you – to be His child and He made you – as you – for a reason.

Genesis 1:27

- Humans are the only part of creation made in God's image! What does this show about how God feels about us?

Psalms 139:14

- Why is God's view of you more important than anyone else's view of you, including your own?

Teaching Moment: Your true identity comes from being God's son/daughter.

- You have been created to be a Child of God... To be in relationship with God.
- We become His child when we are adopted into his family.
- We are adopted into His family when we give our lives to Jesus.

- God has chosen you and loves you deeply! Have you made the decision to be in God's family by accepting Jesus as your Savior? If not, talk to the leaders after the lesson.

LIVE IT OUT:

- How should understanding God's view of you impact the way you see yourself?
- What are some things that make this difficult to remember day to day?

MY NEXT STEP:

- You are each God's creation, made exactly who you are by him on purpose. Thank God for making you wonderfully complex! Spend a moment writing down a thankfulness prayer in your student booklet. Mention specific things you are thankful for about your uniqueness that God made in you!
- What are ways that you can feed your mind with TRUTH of your identity in Christ? Make a list of ideas together as a group. Circle 1 that you can commit to doing this week.

MEMORY VERSE: 1 Samuel 16:7

"But the LORD said to Samuel, "Don't judge by his appearance or height, for I have rejected him. The LORD doesn't see things the way you see them. People judge by outward appearance, but the LORD looks at the heart."