



# EPHESIANS

**BOTTOM LINE:** The Book of Ephesians teaches us that God's plan for our lives is to live in unity with Him and others.

## MATERIALS NEEDED

- Bibles
- Student Notebooks

### icebreaker questions

**ASK:** *What is the craziest story you have ever heard?*

*What is the craziest thing you have ever experienced? Explain what happened.*

## watch the BibleProject video on Ephesians.

- Go to YouTube, search "bible project ephesians" and click on the video titled, "**Book of Ephesians Summary: A Complete Animated Overview**".
- **ASK:** *What stood out to you from the video?*

## hear from God through His Word.

**DO THIS:** Read **Ephesians 3:6** as a group and then lead your students in a discussion about the passage using the questions below.

- Tell your students to open their Bibles to **Ephesians 3:6** and ask someone to read it out loud for the group.
- **ASK:** *What is this verse saying?*
- **ASK:** *What is God's plan for the world?*
- **ASK:** *What does it mean to "belong to Christ Jesus"?*

**say this:**  
A Gentile is anyone who is not Jewish. God's plan is for all Jewish people and non-Jewish people to live in unity with each other through Jesus. This means God wants everyone in His family.

## talk with others about our faith.

**DO THIS:** Lead your students in a discussion about unity as followers of Jesus using the questions below.

- **ASK:** *What does the word "unity" mean to you?*

- **ASK:** Do you think that it is easy or hard to live in unity with other people? Why?
- **ASK:** What do you think it means to live in unity with God? Is that easy or hard? Why?
- **ASK:** How can we, as followers of Jesus, strive for unity with each other?

## pray by talking to God.

**DO THIS:** Lead your students in a time of prayer as a group using the prompt below.

- Have someone in the group pray for unity within your Life Group. Then, have another person pray for unity within JHM. Then, have another person pray for unity in Saddleback Church. Then, have another person pray for unity in the Church in the United States. Finally, have someone pray for unity within the global Church.

## live in a way that honors God.

**DO THIS:** Give your students the following **LIVE** challenge for this week.

- Read the Book of Ephesians this week. Read one chapter each day, write down your favorite verses and things that stand out to you in your notebook. Come to Life Group next week ready to talk about what you read and wrote. If you miss a day, that's okay, but focus on reading the entire book within this week.

### memory verse

*"And this is God's plan: Both Gentiles and Jews who believe the Good News share equally in the riches inherited by God's children. Both are part of the same body, and both enjoy the promise of blessings because they belong to Christ Jesus"*

**Ephesians 3:6**