



DOUBTS

BOTTOM LINE: Our doubts can be used to bring us closer to Jesus.

MATERIALS NEEDED

- Bibles
- Student Notebooks

icebreaker questions

ASK: What is the craziest fact you have ever heard?
Where did you first hear it?

hear from God through His word.

DO THIS: Read **John 20:24-28** as a group and then lead your students in a discussion about the passage using the questions below.

- Tell your students to open their Bibles to **John 20:24-28** and ask someone to read it out loud for the group.
- **ASK:** What is this passage about?
- **ASK:** What was Thomas doubting? How did Jesus respond to these doubts?
- **ASK:** Did you expect Jesus to react in this way? Why or why not?
- **ASK:** What did Thomas say to Jesus in **John 20:28**? What does this mean?

say this:
Jesus didn't get angry with or discourage Thomas because of his doubts. Instead, Jesus comforted him and answered his doubts gently and with love. Jesus will always answer your doubts in this way.

talk with others about our faith.

DO THIS: Lead your students in a discussion about doubts using the questions below.

- **ASK:** Do you think that doubts are good or bad for our faith? Why or why not?
- **ASK:** What are some common doubts people can have about their faith? Do you relate to any of these?
- **ASK:** What are some ways that our doubts can be overcome?

Live in a way that honors God.

DO THIS: Give your students the following **LIVE** challenge for this week.

- Take a couple minutes to think about a doubt or question that you have about Jesus, our faith, or the Bible. Spend some time this week researching, spending time with Jesus, and reading the Bible about your question and doubt. Come back next week and discuss what new information you have found.

say this:
Doubts can either lead us astray or bring us closer to Jesus. When we put in the time to hear an answer to our doubts from Jesus, we can be sure that our faith will be strengthened.

pray by talking to God.

DO THIS: Lead your students in a time of prayer as a group using the prompt below.

- After giving your students the **LIVE** challenge, have your students get into groups of three and pray over each others' doubts and questions. Tell them to pray for answers to their questions, guidance through the process of doubting, and a strengthened relationship with Jesus.



memory verse

"Then he said to Thomas, 'Put your finger here, and look at my hands. Put your hand into the wound in my side. Don't be faithless any longer. Believe!'"

John 20:27