

DAY ONE

READ EPHESIANS 1:4-5

You are completely known, and completely loved by Jesus. Spend a minute reflecting on the fact that before God created everything else in the entire universe, He saw you, knew who you would be, and decided that you were going to be the focus of His love.



THINK

1. What do you think it means to be the focus of God's love?
2. How is the way that Jesus feels about you sometimes different than the way that you feel about yourself?
3. Why do you think it's important to remember and think daily about how much Jesus loves you?

ACTIVITY

Use a piece of scratch paper to make a list of words that you think Jesus would use to describe you. Which words do you believe about yourself? Which words do you have a hard time believing about yourself?

DAY TWO

READ JOHN 15:9-10

A relationship is always a two way street. Jesus loves us completely, but having a relationship with Him means responding to His love with our love. We love Jesus in the way that we follow Him, obey Him, trust Him, tell Him, and show Him.



THINK

1. What are some ways that we show Jesus that we love Him?
2. How can obedience show that we love someone?
3. What do you think it means to be a "living and holy sacrifice?"
4. What are some things that you need to start doing or stop doing because of your love for Jesus?

ACTIVITY

Take a minute to think about how you would describe your love for Jesus. Picture your love for Him like a tree, with each branch being a different way that you demonstrate your love for Him. What would your tree look like? Would it be a big tall tree with lots of branches coming out of it? Or a small tree that has room to grow? Draw it below or in your journal.

DAY THREE

READ ROMANS 12:2

Our love for Jesus causes us to live differently than the rest of the world. Because we love Jesus, the things that matter to us in life, the things we want in life, the way we treat others, and the choices we make should be different than someone who doesn't know Jesus.



THINK

1. What are the "behaviors and customs" of this world?
2. How do our thoughts affect the choices we make and the people we are?
3. In what ways is God's will for your life "good and pleasing and perfect?"

ACTIVITY

Picture your mind like a compass. The more North that the arrow is pointing, the more your thoughts and actions are honoring to God; the more South the arrow is pointing, the more your thoughts and actions are like the rest of the world's. Where would your arrow be pointing?

DAY FOUR

READ COLOSSIANS 3:5-10

Jesus wants the best for you. He wants you to have a life that is full of purpose, joy, and freedom. Because of that, Jesus asks us to give up the things in life that He knows will only cause us pain and confusion in the long run, even if some of those things feel good in the moment.



THINK

1. Which of the things in this verse do you think you have the hardest time with?
2. What do you think it means to "put on your new nature?"
3. What are some habits or sins that you need to cut out of your life?

ACTIVITY

Talk to someone you trust about these questions. God gave us relationships so that we could lean on each other and help one another grow and learn. Invite someone else into this to help you cut unhealthy things out of your life.

DAY FIVE

READ COLOSSIANS 3:1-2

As followers of Jesus, our lives should look different than someone who isn't a believer. One of the ways that we live differently is through our habits. Our habits, the everyday things that we come back to over and over, play a big role in how we grow as a person and how we respond to things in our life. Good habits are how we grow in our relationship with Jesus and how we become more like Him.



THINK

1. What does it look like to "think about the things of Heaven, not the things of earth?"
2. What are some habits that help us grow closer to Jesus?
3. What are some habits that pull us away from Jesus?

ACTIVITY

It takes 21 days to turn something into a habit. What is something you need to start doing? Reading your Bible? Praying and spending time with Jesus every day? Write down what it is, and for the next 21 days, challenge yourself to practice that habit every day.

DAY SIX

READ MATTHEW 5:14-16

As a follower of Jesus, you are a light in a dark world. When our love for Jesus causes us to live differently, we stand out from the rest of the world in the hope that we have, the joy that we have, the way that we love and treat others, and so many other ways. But Jesus doesn't want us to keep that light hidden - He wants it to shine out! He wants us to lead others back to Him through our words and actions.



THINK

1. Why do you think Jesus wants us to share our faith with others?
2. What do you think it looks like to lead others to Jesus through our actions?
3. Do you think that the way you act at home or school is leading people towards Jesus or away from Jesus?

ACTIVITY

Who are some people in your life who need to know Jesus? Make a list of two or three people. Then, start praying for them every day. Go out of your way this week to love them, and invite them to come to church with you!

DAY SEVEN

READ JOHN 13:12-17

One of the ways that we lead others to Jesus is in the way that we serve. When you are willing to serve others in your life, whether in big or small ways, Jesus will use you to impact the lives of the people around you in cool ways.



THINK

1. What does this passage show us about Jesus?
2. Serving is love in action. What are some examples in your life when someone has loved you by serving you?
3. How can serving someone else lead them to Jesus?

ACTIVITY

The next time you are in JHM, grab a shape test. God has created you uniquely and on purpose, for a purpose. This test will help guide you through all the ways that He has made you unique, and how He wants to use your uniqueness to impact people around you!